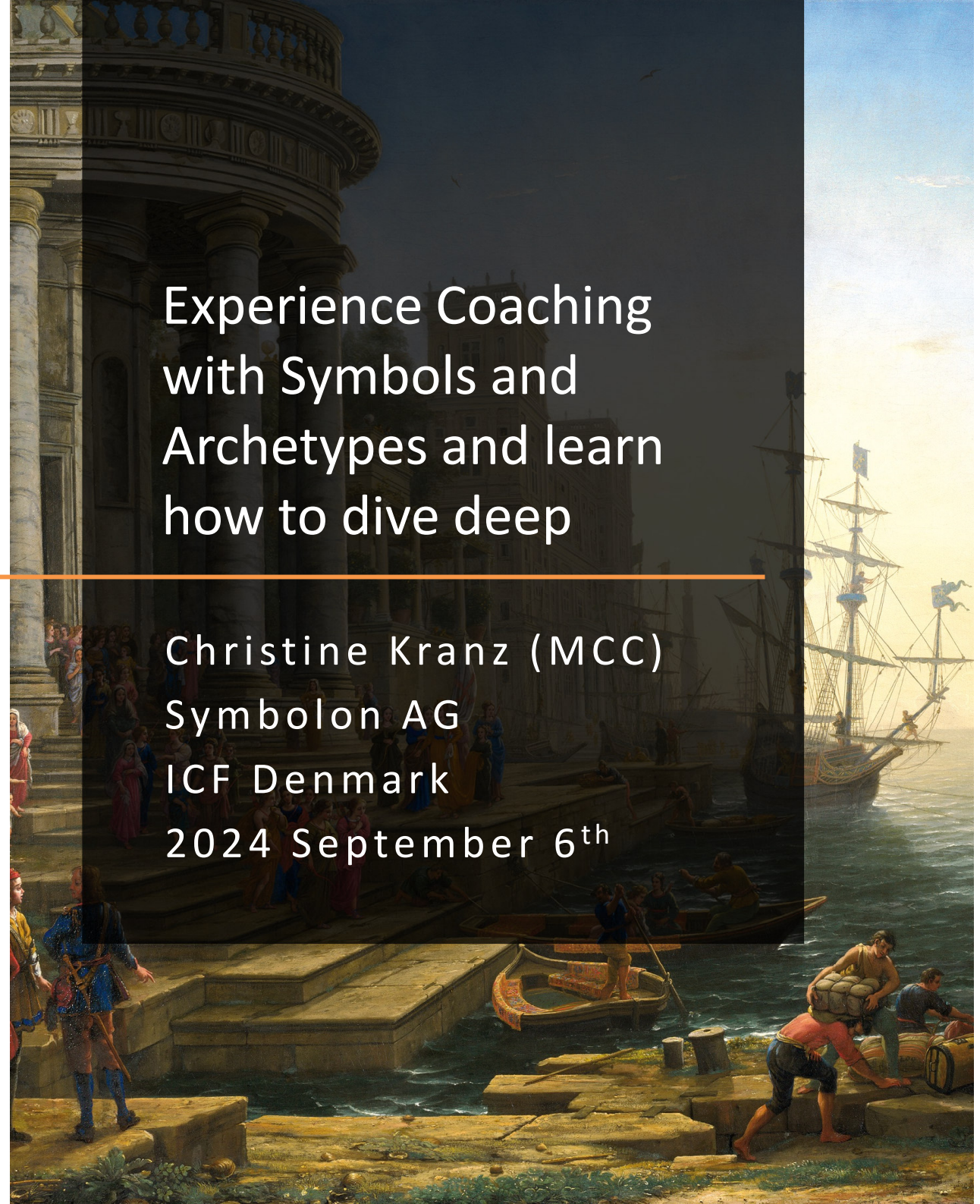




Experience Coaching with Symbols and Archetypes and learn how to dive deep

Christine Kranz (MCC)
Symbolon AG
ICF Denmark
2024 September 6th



Symbolon
connects
three disciplines
very effectively

Business



Art

Psychology



Symbolon
stands for
highest quality
in coaching &
training

ICF member for
more than 20 years.



ICF Germany President



Self-
Coaching

Coaching for all!

A

SP

SPI

*AI supportet
Symbolon
Self-Coaching*

with AI-based chatbot
for all employees

*One-on-One &
Team Coaching*

for teams, leadership,
management, experts
& high potentials

Symbolon Tools:

A: Artworks

SP: Symbolon-Profile

SPI: Symbolon-Profile
Intensive



The Symbolon Reflection Model®

Outer Levels

Concrete Situation

Professional competence

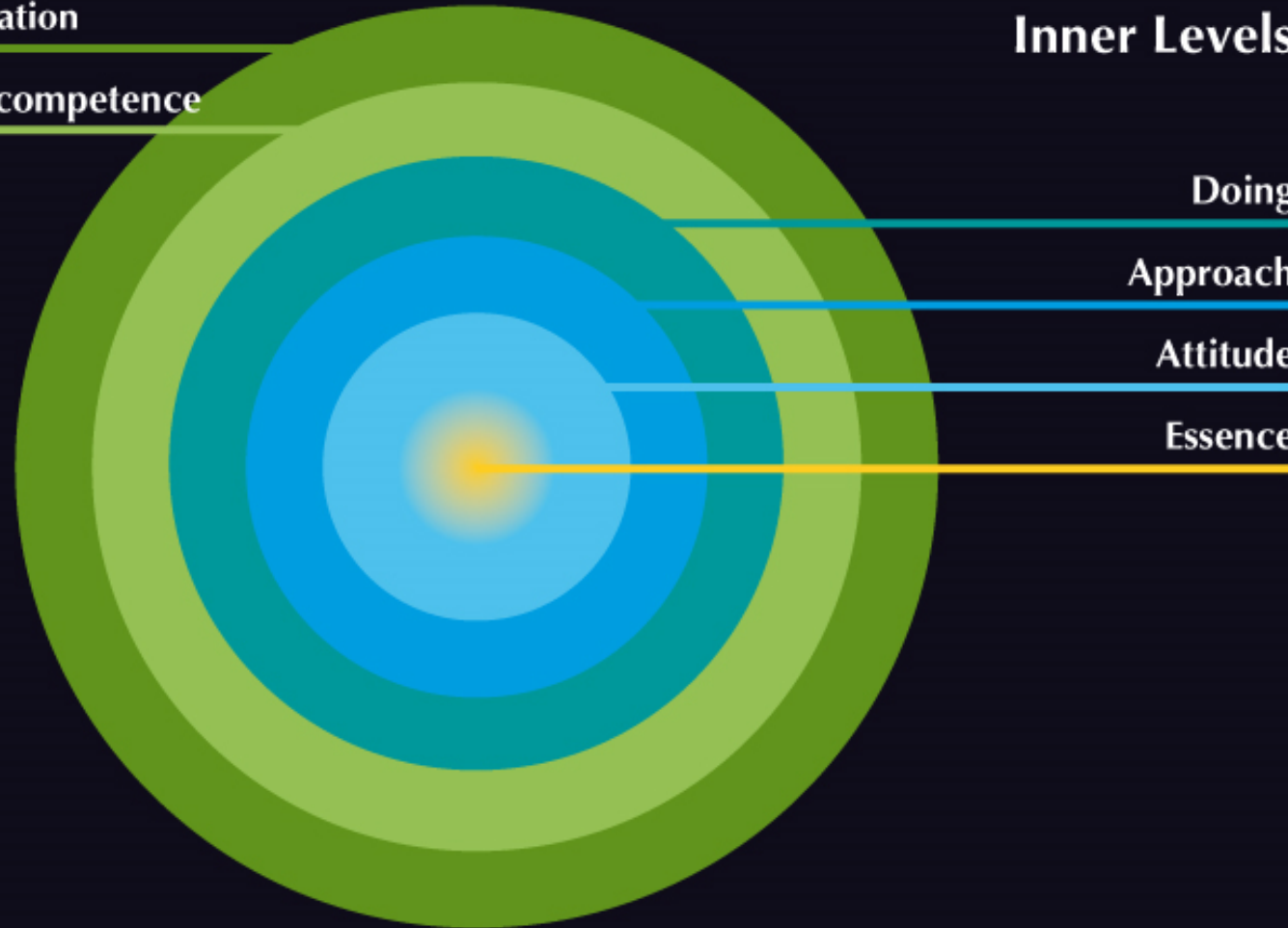
Inner Levels

Doing

Approach

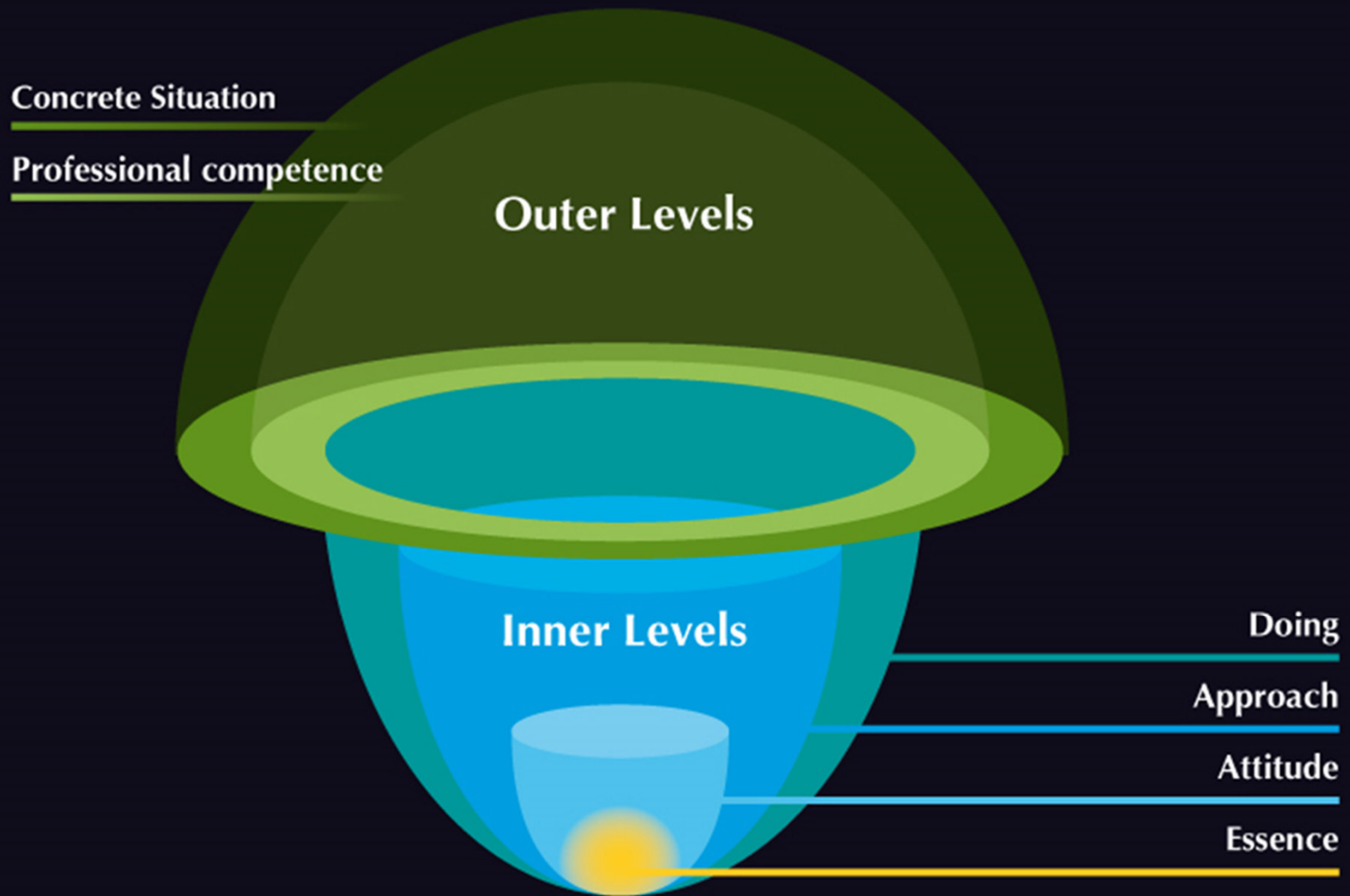
Attitude

Essence



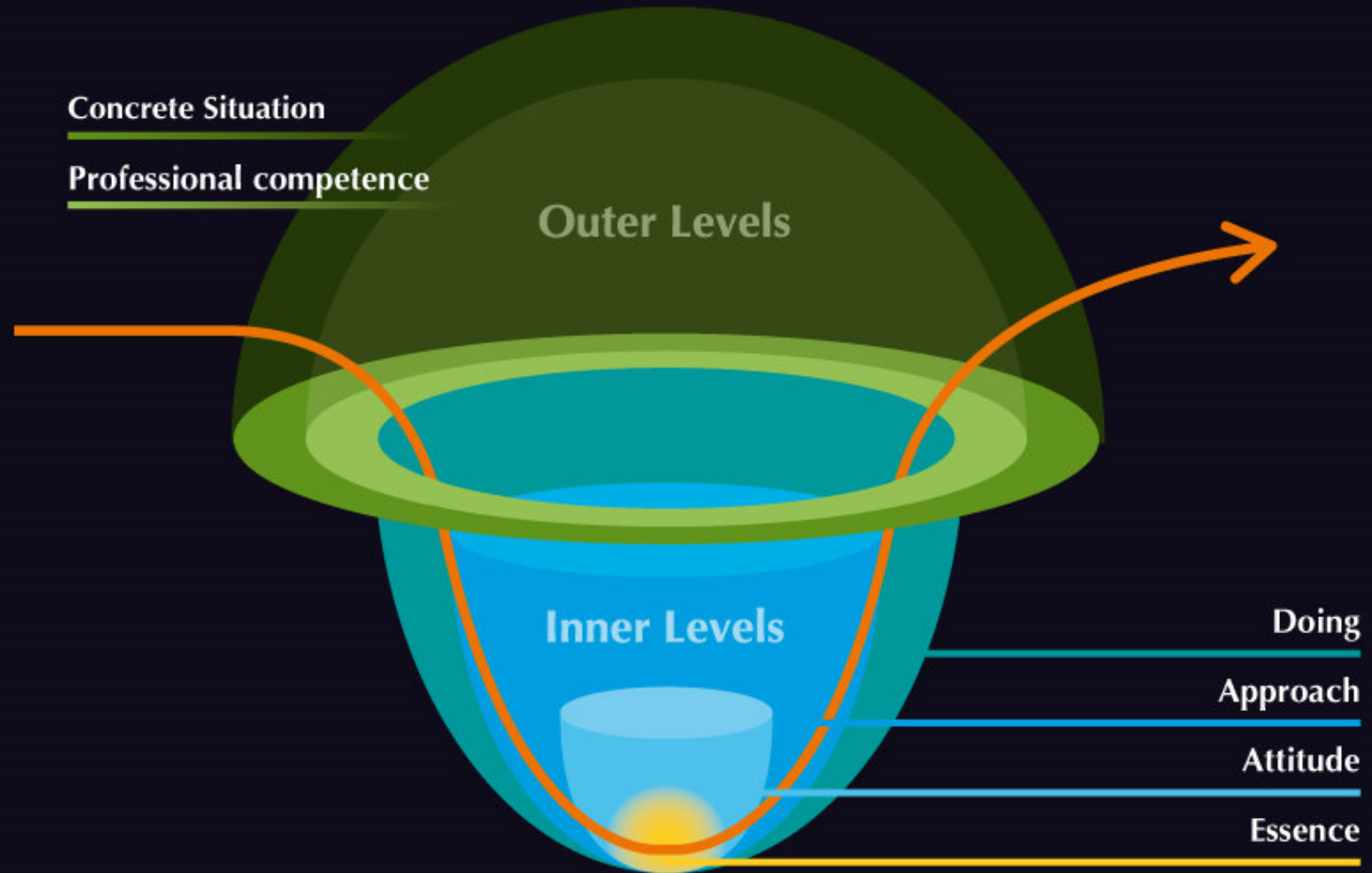
The depth in the Symbolon Reflection Model®

Representation as landscape with lake



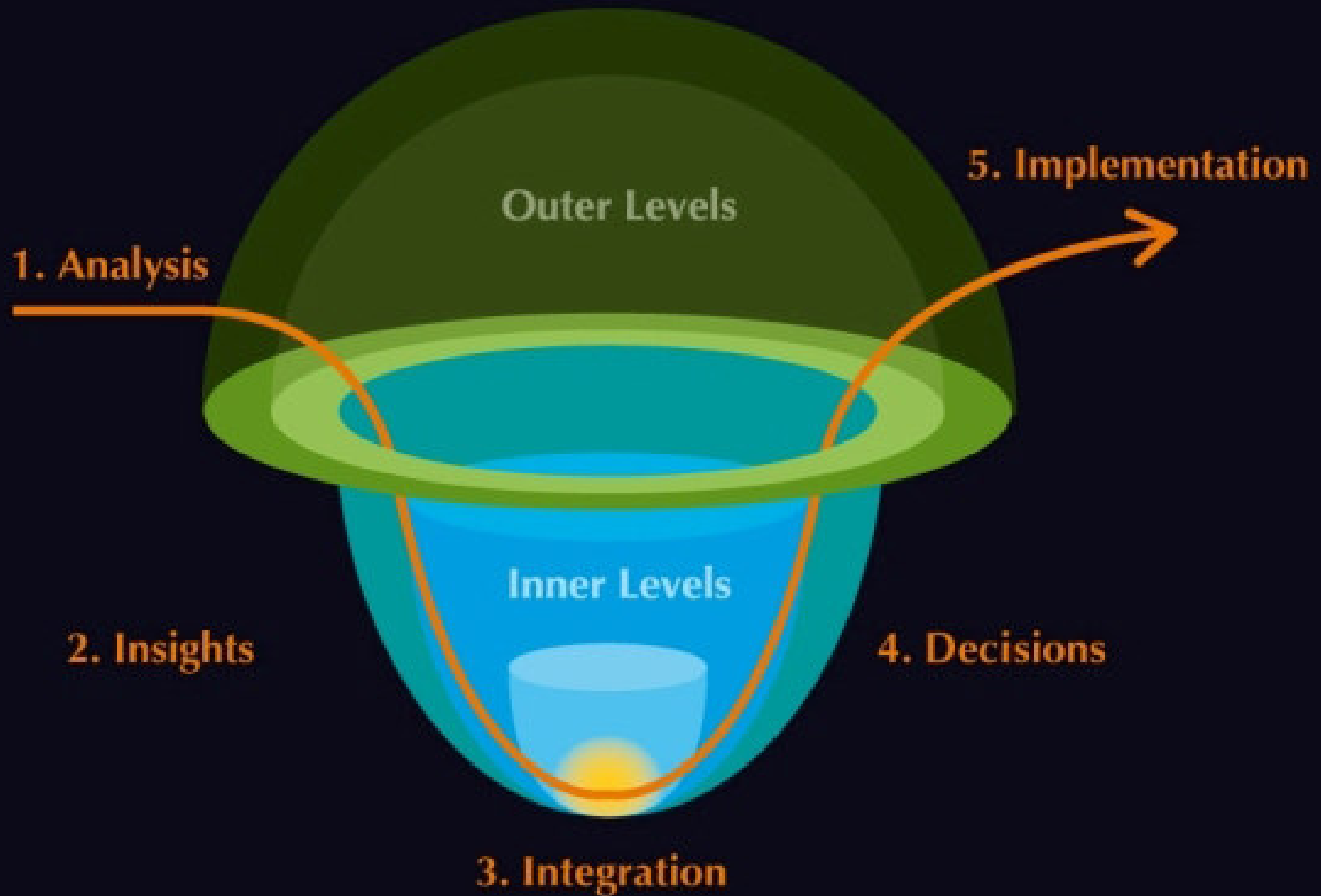
The Symbolon Reflection Process[®]

Represented as landscape with lake



The Symbolon Reflection Process[®]

Represented as landscape with lake



... we dive deep to gain insights and
empower personal development ...



Competences

The background is a classical painting. In the center, a man with a beard and curly hair, wearing a red and yellow robe, stands and holds a staff high in his right hand. He has a thoughtful expression. In the foreground, another man is seated, looking down. Two large, thick orange arrows curve around the central text, one on the left and one on the right, pointing towards each other.

Outer level
communication
behaviour
strategy
etc.

Inner level
reflection
commitment
values
etc.

Reflection



Action





ICF Core Competencies

A. Foundation

1. Demonstrates Ethical Practice

DEFINITION: Understands and consistently applies coaching ethics and standards of coaching.

2. Embodies a Coaching Mindset

DEFINITION: Develops and maintains a mindset that is open, curious, flexible and client-centered.

B. Co-Creating the Relationship

3. Establishes and Maintains Agreements

DEFINITION: Partners with the client and relevant stakeholders to create clear agreements about the coaching relationship, process, plans and goals. Establishes agreements for the overall coaching engagement as well as those for each coaching session.

4. Cultivates Trust and Safety

DEFINITION: Partners with the client to create a safe, supportive environment that allows the client to share freely. Maintains a relationship of mutual respect and trust.

5. Maintains Presence

DEFINITION: Is fully conscious and present with the client, employing a style that is open, flexible, grounded and confident.

C. Communicating Effectively

6. Listens Actively

DEFINITION: Focuses on what the client is and is not saying to fully understand what is being communicated in the context of the client systems and to support client self-expression.

7. Evokes Awareness

DEFINITION: Facilitates client insight and learning by using tools and techniques such as powerful questioning, silence, metaphor or analogy.

D. Cultivating Learning and Growth

8. Facilitates Client Growth

DEFINITION: Partners with the client to transform learning and insight into action. Promotes client autonomy in the coaching process.

ICF Core Competences

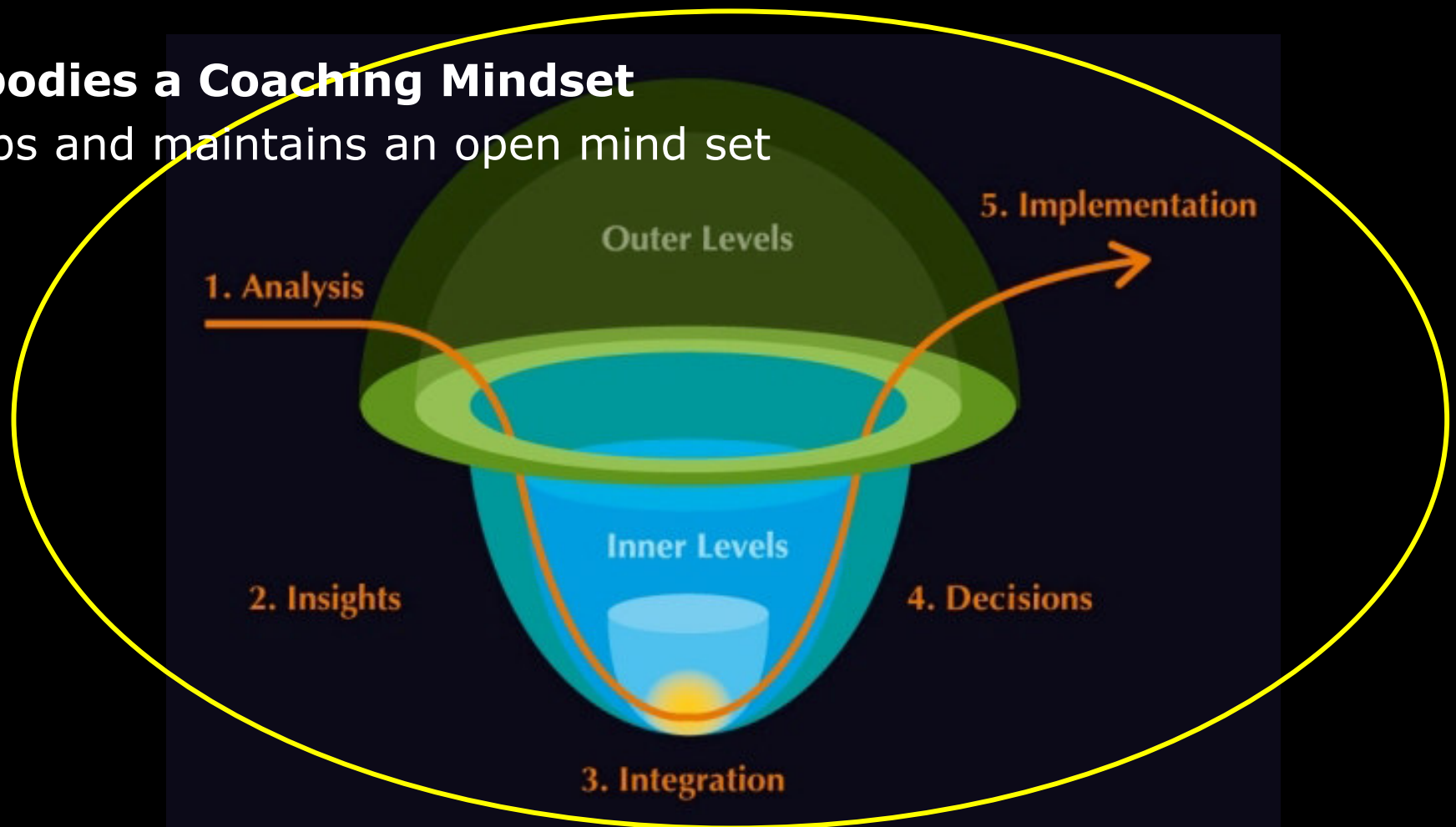
A Foundation

1. Demonstrates Ethical Practice

ethical principles and standards

2. Embodies a Coaching Mindset

Develops and maintains an open mind set



B. Co-Creating the Relationship

3. Establishes and Maintains Agreements

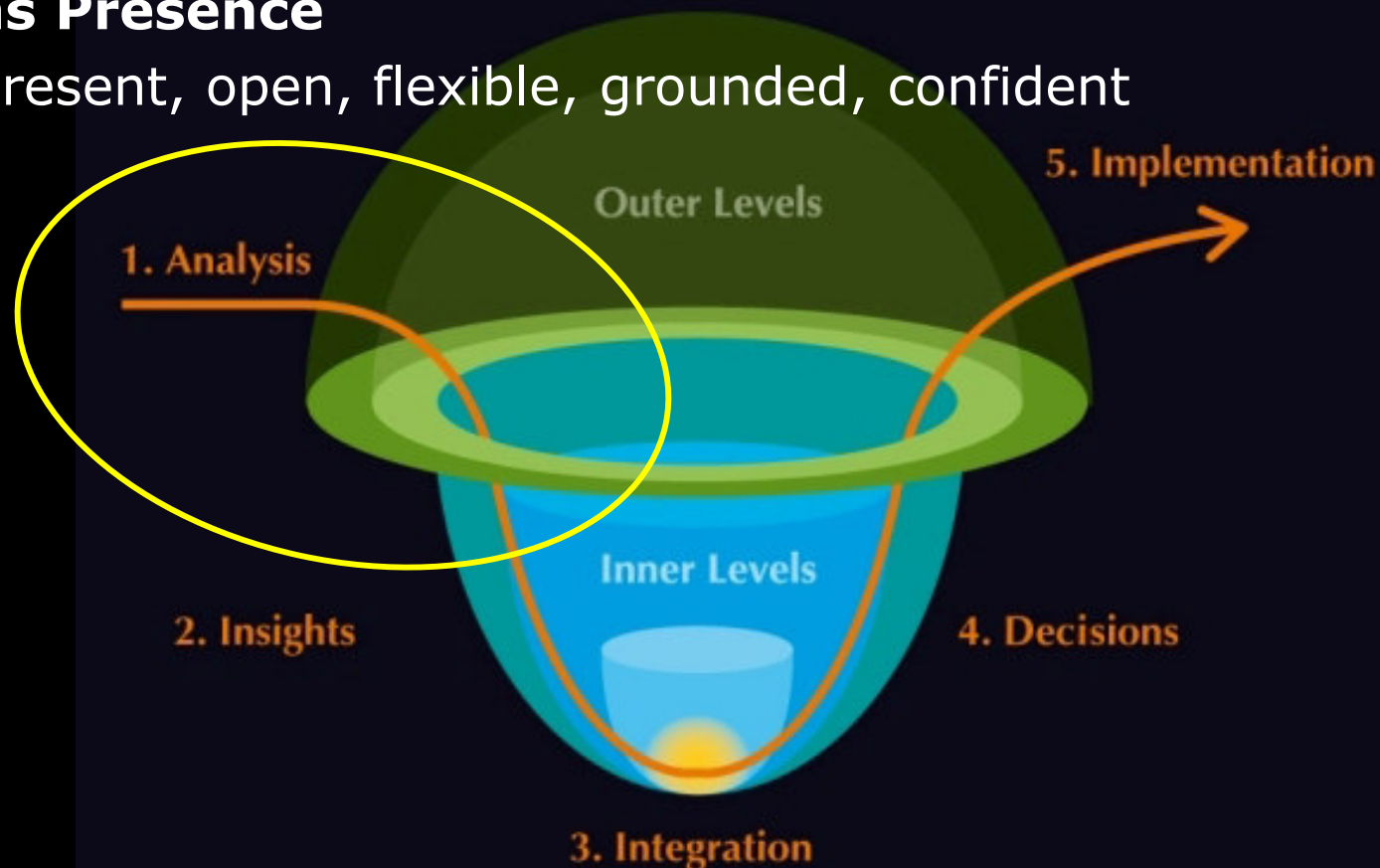
clear agreements on coaching relationship, process, plans, goals

4. Cultivates Trust and Safety

partnership, respect, trust

5. Maintains Presence

conscious, present, open, flexible, grounded, confident



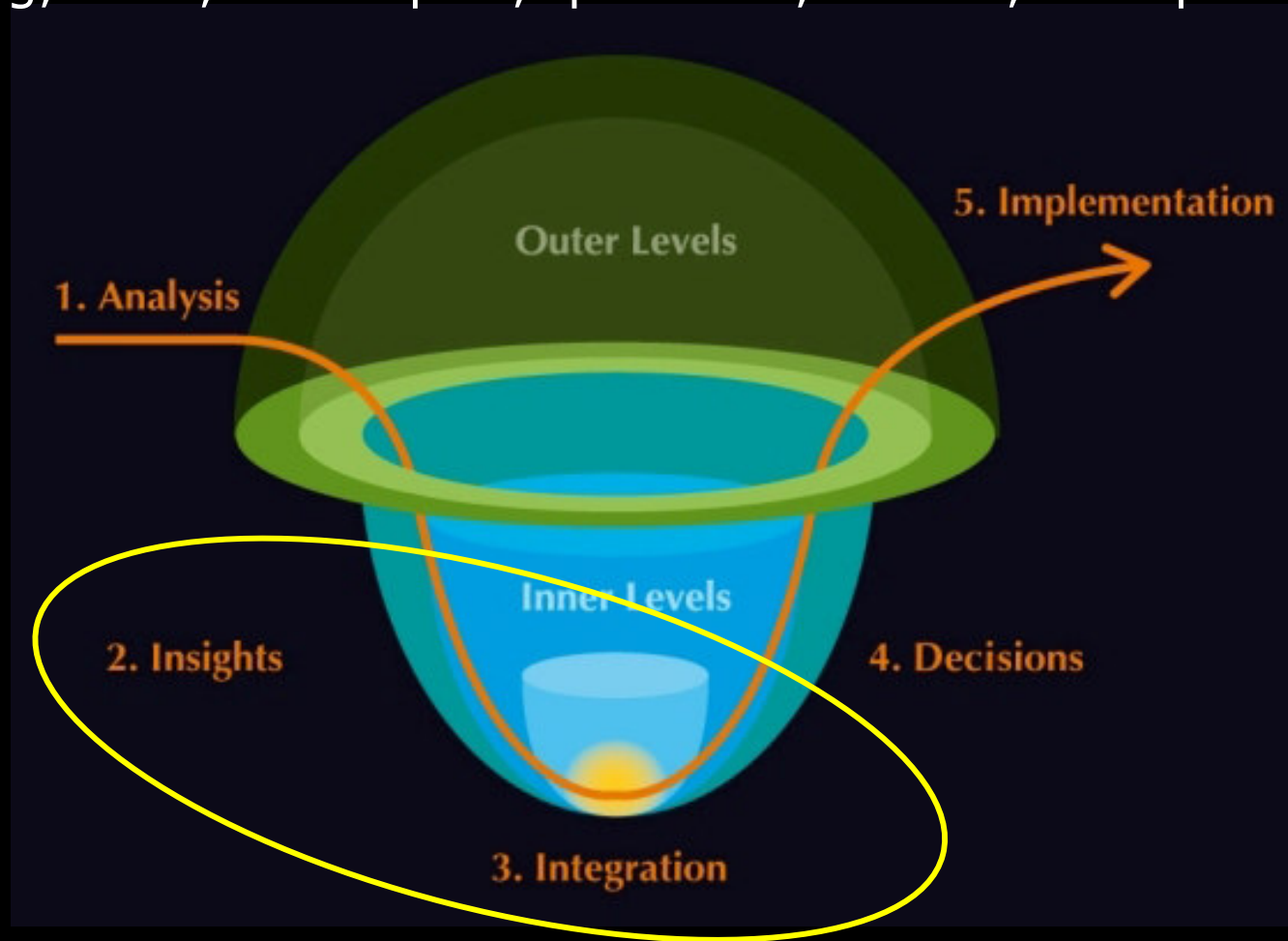
C. Communicating Effectively

6. Listens Actively

concentrated listening, holistic understanding, support self-expression

7. Evokes Awareness

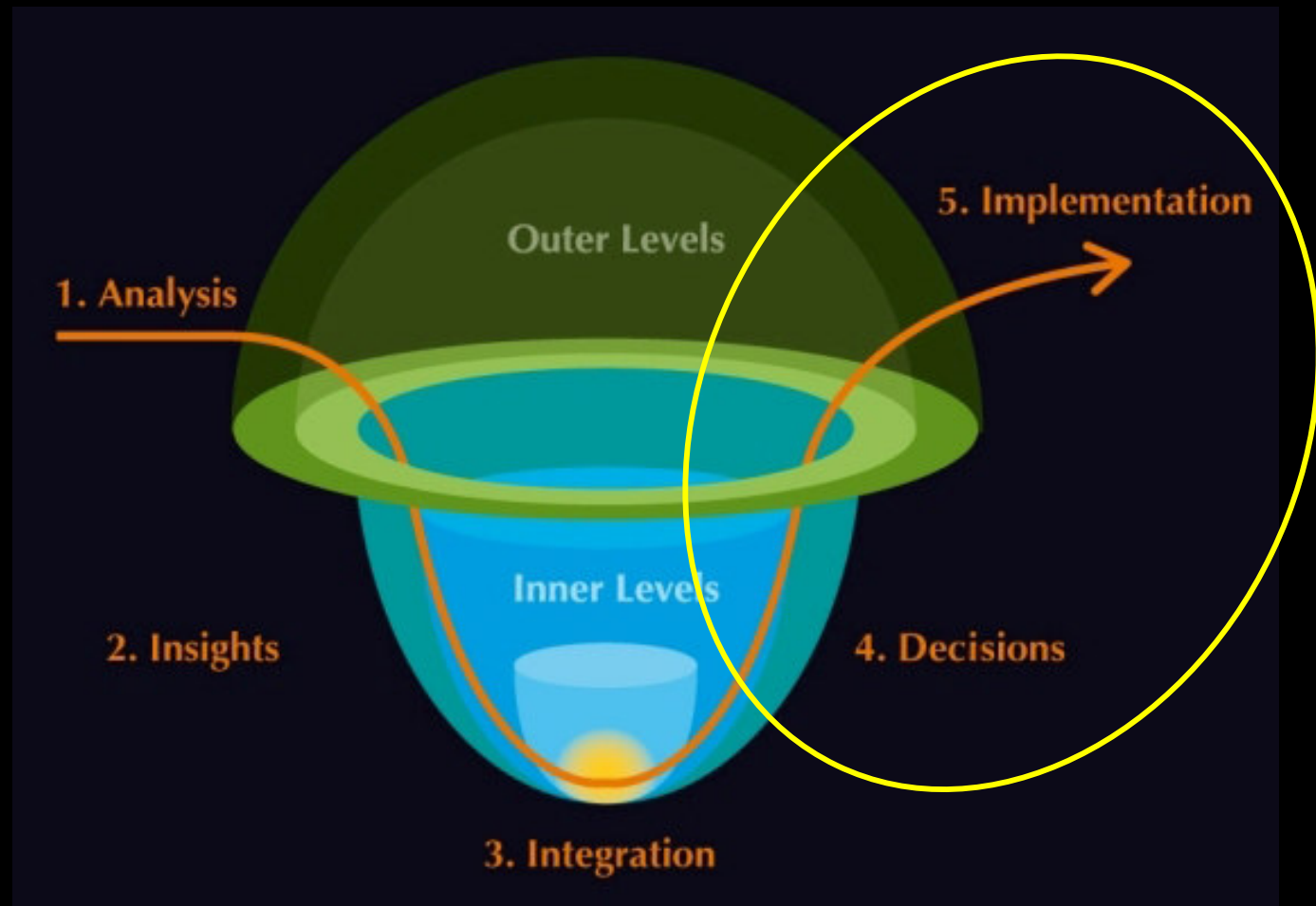
insight, learning, tools, techniques, questions, silence, metaphors, analogies



D. Cultivating Learning and Growth

8 Facilitates Client Growth

partnership, learning, putting knowledge into practice, autonomy



Are you ready to dive in?



Imagine yourself in your work environment:
Where in this port would **you like to be?**



Thank you!
Let's connect
and unfold our
potential
together!



Christine Kranz, MCC

Founder Symbolon AG & Executive Coach

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www.symbolon.com

[LinkedIn](#) · [Facebook](#) · [Instagram](#) · [Twitter](#)

Reflection Training & Symbolon-Profile Trainings



Content	Reflection Training	Symbolon-Profile Training	Symbolon-Profile Intensive	Symbolon-Team-Profile
approx. hours	30 hrs.	64 hrs.	90 hrs.	40 hrs.
Training costs in €	790,-	2.970,-*	4.920,-	2.870,-
Sales price in €	200,- to 300,-	approx. 1.200,-	approx. 3.500,-	approx. 6.000,-
Break even	after 2 to 3 coachings	after 3 coachings with SP	after 2 coachings with SPI	after 1st team training

*excl. 3 hrs. mentoring and ICF performance evaluation (additional EUR 790,-)

<https://www.symbolon.com/en/academy>

<https://www.symbolon-coaching.com/en>

Symbolon
Self-Coaching

- scientifically evaluated
- 24/7 and anonymous
- clear solutions

www.symbolon-coaching.com

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- Claude Lorrain, Seaport with the Embarkation of Saint Ursula, 1824, National Gallery, London
- Heinrich von Füger, Prometheus bringt den Menschen das Feuer, 1817, Sammlungen des Fürsten von und zu Liechtenstein, Vaduz/Wien
- International Coaching Federation Logos
- Symbolon Reflection Model, Book: Kranz Ch., "Durch Selbstreflexion zum Erfolg" 2008, 2011 second edition
- Shutterstock
- Claude Monet, Les Bassin aux nymphéas, 1899, Musée d'Orsay, Paris
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